



SW3 2010 ~ Girls Basketball, Speed & Conditioning, Soccer, Tennis & Softball~ Ages 12-15
 (Campers will participate in one sport during camp.)

Sunday, June 20th-Thursday, June 24th ~ Location: Alto Frio, Leakey, TX

What Should You Bring? These are "suggested items"...remember you will only be with us 5 days and 4 nights!

<ul style="list-style-type: none"> ✓ 1 Pair of Tennis Shoes (With Shoelaces!) ✓ 1 Shower Shoes (Flip-flops are great!) ✓ 1 Old Pair of Shoes or Water Shoes for the river! (No flip-flops!) ✓ 1-2 Pajamas ✓ 8-10 Underwear (Girls, remember all of your undergarments!) ✓ 10-12 Pairs of Socks ✓ 7-9 T-Shirts (No spaghetti Straps) ✓ 6-8 Shorts (Jean or kaki shorts may be too hot for sports and activities; no short shorts) ✓ 1 Swimsuit (Modest-No bikinis are allowed) ✓ 1 Pair of Blue Jeans ✓ 1 set of old clothes you don't mind getting dirty ✓ 1 Water Bottle ✓ Bible 	<ul style="list-style-type: none"> ✓ 1 Jacket, Sweater, or Sweatshirt ✓ 1 Pillow and Pillow Case ✓ 1-2 Blankets or Quilts or Sleeping Bag ✓ 1 Set of Twin Sheets ✓ 2 Bath Towels ✓ Toiletries: Toothbrush, toothpaste, soap, shampoo, DEODORANT, etc. ✓ Sports Equipment: Please have the correct equipment for your preferred sport: <ul style="list-style-type: none"> ▪ Basketball: basketball shoes ▪ Speed & Conditioning: good running shoes ▪ Soccer: shin-guards, cleats, soccer ball (<i>optional</i>) ▪ Softball: gloves, bats, cleats, etc ▪ Tennis: racket & can/sleeve of balls ✓ Sunscreen ✓ Flash Light ✓ Money for Camp Store
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THINGS YOU SHOULD NOT BRING: THESE ARE ABSOLUTES!

1. **No Hullabaloo-** cell phones, CD players, game-boys, I-pods, Mp3 Players, PC's, etc.
2. **No Fodder-** food, candy, baked goodies, etc.
3. **No Bling-** no jewelry, no spaghetti strap shirts, no short shorts, and shirts must cover the belly!

MEDICINE AT CAMP

Give **ALL** meds, vitamins, aspirin, etc. to bus crew boss at bus drop locations or turn in at camp registration if driving camper. The camp facility has an infirmary staffed with medical personnel who will dispense all meds according to your instructions. All **inhalers will remain with the camper** at all times and it is their responsibility to have it with them when needed.

Note: Place campers' meds in a zip-lock bag labeled with their name and directions on how to administer these items.

DISMISSAL & CANCELLATION

The Camp Director reserves the right to dismiss any camper whose influence or conduct becomes detrimental to the best interest of the program. No refunds will be made for dismissed campers. Any cancellations one week prior to camp start date will not be refunded.

EMERGENCY PHONE NUMBER AT CAMP

In case of an emergency, you can leave a message for the Still Water camp staff at Alto Frio's facilities' office. The office phone number is **830-232-5271** which is separate from Still Water's office number. An answering machine will be provided in case members have to leave the offices.

PHONE CALLS / PERSONAL VISITS

Campers are not allowed to make phone calls as this disrupts camp programming. Any necessary communications from you to your camper will be made through the Camp Director. The Camp Director or nurse will contact you in the case there is information you should know about your camper.

PARENT DROP OFF & PICK UP

Please be at the Alto Frio Baptist Encampment facility **Sunday, June 20th** between **5:00 pm- 6:00pm** sharp. Campers **will not** be allowed to check in **before** 5:00 pm. When picking up your camper, you need to be there **no later than Thursday, June 24th at 10:45 am** at the same location. Parents are welcome to attend the closing ceremonies on Thursday at **9:15 am**.

Note: The entrance to Alto Frio is off Hwy 83 on Ranch Road 1120 at the yellow blinking light- a mile and a half down on 1120. You will need to use Gate #1-South Entrance.

TRANSPORTATION DETAILS-(Applicable if transportation purchased during registration)

Corpus Christi:

Location: Five Points Shopping Center (in Calallen)
 4250 Five Points Road Corpus Christi, TX 78410
 Drop Off @ 12:30pm Sunday, June 20th
 Pick Up @ 4:00pm, Thursday, June 24th

San Antonio

Location: Bass Pro Shops
 17907 I H 10 W San Antonio, TX 78257
 Drop Off @ 2:30pm Sunday, June 20th
 Pick Up @ 1:30pm, Thursday, June 24th